



**POUGHKEEPSIE CITY SCHOOL DISTRICT**  
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## 2019-2020 ELT CBO Program Enrichment Descriptions

### **The Art Effect – (Clinton, Krieger, Morse, and Warring)**

This Art, Media, and Technology Program is a twice-a-week visual and media arts enrichment program structured for students in either second/third grade or fourth/fifth grade. Activities include drawing, painting, photography, animation, and filming, with curricula based on academics and pro-social themes such as kindness, cultural literacy, and the environment. Students are provided access to equipment, technology, and tools such as watercolors, clay, cameras, and other materials to create their own visual and media arts projects.

### **The Art Effect – Rhymes and Rhythms: Digital Music Program (PMS)**

Rhymes and Rhythms is a digital arts program run by The Art Effect. Professional digital media artists mentor students twice a week and show what it takes to be creative engineers, mixers, and producers. Students will learn Garage band and other music production software, to develop and record their own beats, instrumentals, and vocals while engaging in what it takes to be a serious music producer. Students are provided access to all equipment and technology.

### **The Art Effect – Explore Arts (Poughkeepsie Middle School)**

This program is a weekend arts experience for all Poughkeepsie elementary school students in grades 2nd-5th that meets from 9am-12pm on Saturdays throughout the school year. Activities include both visual and media arts where students focus on creating work that reflects their own world, thoughts, and experiences. Activities include drawing, painting, sculpture, photography, animation, filming, and more. Students are provided access to equipment, technology, and tools such as watercolors, clay, cameras, and other materials to create their own visual and media arts projects.

### **Boys & Girls Club of Poughkeepsie (Morse, Clinton, Warring, PMS)**

We employ certified teachers, college students, mentors, professional artists and accomplished individuals to work with your child. All program staff receive a minimum of 20 hours of youth development training each year. This is a two-hour per day, four days per week education enrichment program for elementary school students. All students will work individually, peer-to-peer, or with a tutor to complete homework and increase

academic success. Each day our students will receive hands-on and engaging academic instruction in order to strengthen and reinforce the academic skills taught during the school day which include homework help & tutoring, academic instruction and enrichment activities. All students will have the opportunity to participate in a variety of activities in areas such as visual and performing arts, science & technology, digital media, culinary cuisine, fashion, dance, and team sports.

### **C.O.L.O.R.S. (Poughkeepsie Middle School)**

This three-hour Saturday program at PHS. The program helps students discover their own truth by examining a profound analysis of their individual structure. It emphasizes the importance of self-development through active collaboration in projects that embrace artistic expression. Activities include a field trip, community service projects, therapeutic projects and participating in a video. With the willingness of each participant, students learn how to develop social skills that encourage positive thinking. At the end of the program each student receives a progress yearbook.

### **Family Services - Extended Day Programs (Clinton and Krieger)**

The Family Services Extended Day Program offers a daily four times per week, homework assistance, enrichment activities and recreational time for elementary school students. Students will be engaged in cultural exploration, art projects and STEM activities that include math and reading. Additionally, opportunities to participate in organized games and physical activities will be offered daily.

### **Mental Health America of Dutchess County (Poughkeepsie Middle School)**

The Health and Wellness Club is a program that consists of a variety of different mediums that promote health and wellness. Our activities will include African drumming, Step, African dance, and the making of a variety of shaker instruments. Students will also have the opportunity to enjoy virtual reality technology as a means of relaxation, stress reduction, exploration and discovery. Additional activities will include puppetry, literary exploration, journaling, games, jewelry making, working with clay, cloth and other artistic materials. Academic instruction emphasizing, respect, self-regulation, team work, character development, positive peer interaction, and citizenship are carefully woven in with our creative activities. We also have computers for students use for research projects and homework. Special emphasis will be given to health and wellness during nutrition exploration, cooking projects and field trips. We also have a robust series of Parenting Teens Workshops that we will offer throughout the school year.

### **Nubian Directions-PAVE (Poughkeepsie Middle School)**

PAVE (Pathway to Educational and Vocational Excellence) is a two hour per day, 3pm to 5pm, four days per week education and vocational enrichment program for middle/high school students. Activities are held at Poughkeepsie Middle School and include hands-on interactive customer service and construction certification classes designed to provide students with an industry recognized certificate to enhance employability during summer breaks and/or after graduation from high school. Some certificate classes may take longer than 2 hours, therefore the program may run a little later on those days. PAVE also offers skills training including OSHA 30, CPR/First Aid/AED, Stop the Bleed, and Disaster Preparedness. The program includes, activity days, Resume Prep, Lego Club, Video Gaming, Droning, APJ Youth Boxing/Leadership Club, field trip(s), socio-cultural events, and gift cards/awards when milestones are achieved.

### **Poughkeepsie Farm Project - (Krieger, Morse, Clinton, Warring and PMS)**

Poughkeepsie Food Power is the perfect place for your child to increase her/his academic skills in a nurturing environment. Through children's literature and group projects, Poughkeepsie Food Power builds social-emotional skills which support school and life success. Students will build skills in all subject areas through hands-on gardening and food activities. While caring for their school garden, students conduct science experiments, explore plant life-cycles, write poetry, observe insects, prepare healthy snacks, design inventions, create art, and read and discuss high-quality children's literature.

### **Poughkeepsie Farm Project's – Internship Program (Poughkeepsie High School)**

Would you like to help care for your school garden, learn to cook healthy meals, and participate in fun team-building activities? Join the **Poughkeepsie Food Power Internship** at Poughkeepsie High School. Students will; gain culinary skills while preparing delicious meals with garden produce, build leadership and relationship skills, explore career and growth opportunities in the food sector, and become active members of our local food system and work to create justice, equity, and power for all eaters.

### **REAL Skills Network Inc. (Morse, Clinton, and Warring)**

Empire S.T.A.R.T( Students Target Academic Retention Techniques) implements a curriculum that fosters the development techniques that support academic achievement, character development, conflict resolution, Circle of Courage methodologies and as referenced in the Poughkeepsie City School District; The Six Pillars of Character. S.T.A.R.T facilitates these workshops during Empire After-School Extended Learning Time Program.

### **Rebuilding Our Children and Community Inc. (Clinton and Morse)**

ROCC's Youth Academic Enhancement Program is an after school program serving students grades K-5. The program operates Monday-Thursday for a period of two hours each day. Students will participate in the program's daily homework hour. Following homework hour, students will have the opportunity to engage in a daily activity. Activities include but are not limited to STEM activities, arts and crafts, recreational activities, and team building activities.

### **Vassar After School Tutoring Program (Poughkeepsie Middle School)**

The Vassar After-School Tutoring Program ("VAST") has been an after school program conducted by Vassar College at Poughkeepsie Middle School for over 15 years. School students are paired with a Vassar College mentor who meets with the student three times a week at the Middle School. Activities include homework help, educational enrichment, and visits to the Vassar College campus. After completion of homework, students work on a project with their mentor and in the Fall of 2019 there will be a weekly field trip to the Vassar Preserve for hands on science exploration. VAST will meet regularly on Mondays, Wednesdays, and Fridays from 3pm to 5pm. On Fridays, the students will go to the Vassar College Farm Preserve.

### **Special PCSD Enrichment Programs**

#### **ENL Literacy Project (Morse)**

The ENL Literacy Project (*The Morse Code*) is structured to support English Language Learners in Grades 3-5 within all areas of English proficiency: Speaking, Listening, Reading, Comprehension, and Writing. The students will work collaboratively two hours per day, four days a week to create, publish, and present a published newspaper. Participation in this program will improve the student's ability to more clearly express themselves through various forms of writing using proper grammar, sentence structure and vocabulary.

#### **Restorative Practice (Poughkeepsie Middle School)**

Restorative approaches refer to a range of methods and mindfulness strategies which can be used both to prevent relationship-damaging incidents from happening and to resolve them if they occur. Schools that employ restorative practices may see many benefits, including reductions in bullying, classroom disruption, truancy and poor attendance, antisocial behavior, and disputes between pupils, their families, and members of staff. Restorative justice enables those who have been harmed to convey the impact of the harm to those responsible, and for those responsible to acknowledge this impact and take steps to put it right.

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